



SAILS +

Supporting Adolescents with Independent Life Skills Virtual Educational Series

Ever wonder...

What is Healthcare Transition to Adult Care ?

Do my child's public benefits change when they turn 18 ?

How and when will my child need adult doctors ?

Will my child need a guardian or formal decision making help at 18 ?

What options for school or work will my child have when they get older ?

How can I plan for my child's financial future ?

How can the Arc of Illinois help me ?

What is the PUNS list and how does it work ?

Participants: Parents and caregivers of chronically ill young people with intellectual and developmental disabilities

Leaders: Angela Berger, LCSW, Social Worker and Transition Program Manager, and Parag Shah, MD, Transition Team Medical Director, along with a group of expert guest speakers.

Location and times

• April-June, the second and fourth Thursdays of the month at 6-7pm. All sessions will be virtual via a Microsoft Teams link.

Contact us: All links to the sessions will be on our website:





SCHEDULE

APRIL 13TH

"Healthcare Transition to Adult Care 101" Dr. Parag Shah and Angela Berger, LCSW, Lurie Children's Hospital

APRIL 27TH

"The PUNS system: What Is It and How Do I Navigate It?" Ms. Megan Mutti, Senior Ligas Family Advocate and Ms. Ruth Aguirre, QIDP, LFA, Ligas Family Advocate, The Arc of Illinois

MAY 11TH

"Legal Planning and Protecting Assets for Your Child with Special Needs", Jennifer Sabourin, JD, Glancy & Associates

MAY 25TH

"Guardianship and Alternatives for Supportive Decision Making", Karin Carli, JD and Susan Fleming, JD, Greenlight Family Services

JUNE 8TH

"Overview of the Arc of Illinois' Services & Programs", Ms. Erica Stearns, Information & Outreach Specialist, The Arc of Illinois' Lifespan Program

JUNE 22ND

"Changes in Public Benefits as an Adult" Sarah Hess, JD, Legal Council for Health Justice

JULY 13TH

"Vocational Options after the age of 22", Jamie Taradash, CRC, Manager, Pre-Vocational and Life Planning, Lurie Children's Hospital

Questions about the SAILS + Program ?
Contact: transitionteam@luriechildrens.org